CONVERSATION RESOURCES

2nd Grade

The following information and suggestions are provided to assist you in your effort to protect your children and to keep them safe.

The NO-GO-TELL Rule

NO – Say NO LOUDLY when someone makes you feel uncomfortable or scared

- When someone hugs you or holds you too long where you feel uncomfortable.
- When someone takes you away from a group by yourself.
- To another child or an adult when scared.

GO – Safely and quickly run away to a safe place or person that you know.

TELL – Let a trusted adult know what happened immediately.

Day to Day Safety

1. Safe touches and unsafe touches.
    - Discuss what is a "bad touch" and what is a "good touch".
        - What are some examples of good/safe touches?
        - Explain that some touches are bad touches and are not okay.
    - Discuss "private parts" of the body as parts covered by your bathing suit.
    - Has anyone touched you in a way that makes you feel uncomfortable or scared?

2. Trusted Adults
    - Tell your child that it is not always easy to tell when someone is doing wrong.
    - If your child is confused or not sure, they should go to a trusted adult.
    - Discuss with your child who would be considered a trusted adult.
    - Who are some people you can trust?
    - Who is a "stranger"?

3. "Hurtful Secrets"
    - Teach your child that a good secret is one that will eventually be told, like a surprise party. Secrets should never hide hurtful behavior.
    - It is important that children know that they can talk about things in their life, even if they have been told to keep a secret.
    - Do you know an adult who asks you to keep a secret just between the two of you?

Scenarios

1. What would you do if someone touched you in a way that makes you feel uncomfortable?

Internet Safety

1. Discuss with your child that they should not share personal information (name, phone number, address) when on the Internet.
2. Has anyone asked you to be friends with them on the Internet?

Best Practices

1. Children should know their phone # and address and they should not share this information with strangers.
2. Be familiar with your child's friends and activities. Acquaint yourself with the home situation of your child's friends.
3. Be sensitive to changes in your child's behavior; talk to them about the changes when you notice.
4. Screen babysitters carefully; checking references.

Resources

Missing and exploited children: **www.missingkids.com**
Netsmartzkids: **www.netsmartz.org**
U Touch I Tell: **www.utouchitell.org**

U Touch I Tell by Chi Hosseinion - ISBN 9781478205586
SI ME TOCAS TE ACUSO – ISBN 9781480257573, 1480257575